

## 119+ Best Teal Pumpkin Project Ideas

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Join the Teal Pumpkin Project ideas! Get easy ideas for non-food treats to make Halloween fun for all kids!

Want to make Halloween fun for everyone? The Teal Pumpkin Project helps kids with food allergies enjoy trick-or-treating. By giving out non-food treats, you can include all kids.

You can also paint a teal pumpkin. This shows you're part of the project and have safe treats.

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# What is the Teal Pumpkin Project?

The Teal Pumpkin Project is an inclusive initiative that aims to make Halloween a fun, safe, and accessible holiday for all children, especially those with food allergies. By placing a teal pumpkin outside your home, you're signaling to trick-or-treaters that you offer non-food treats, ensuring that kids with food allergies or dietary restrictions can fully enjoy the festivities without worry.

# The Purpose of the Teal Pumpkin Project

The Teal Pumpkin Project makes Halloween safe and fun for all kids, especially those with food allergies. Here's what it does:

Key Point	Explanation
Inclusivity	Kids with allergies can enjoy Halloween.
Awareness	It teaches about food allergies.
Non-food options	It encourages giving out toys and stickers.
Community support	It helps neighbors support families with allergies.

Joining the Teal Pumpkin Project makes Halloween special for everyone!

# **Understanding Food Allergies and Halloween**

Food allergies can make Halloween tricky for some kids. Here's a simple look at it:

Question	Answer
What are food allergies?	Food allergies are bad reactions to certain foods, like nuts or dairy.
Why is Halloween hard?	Many treats have allergens, so kids with allergies can't eat them.
How can we help?	We can give out non-food treats, like toys and stickers, so all kids can have fun.
The Teal Pumpkin Project:	This project helps people offer safe treats for kids with allergies.

Understanding food allergies helps everyone enjoy Halloween!

# Why Teal? The Symbolism Behind the Color

Teal is used for the Teal Pumpkin Project because it has special meaning:

Key Point	Explanation
Awareness	Teal helps people learn about food allergies.
Inclusivity	The color shows that everyone is welcome, including kids with allergies.
Safety	Teal means it's safe for kids to enjoy Halloween.

Using teal decorations and pumpkins spreads kindness and support for all kids!

# How to Participate in the Teal Pumpkin Project?

Here are the tips to participate in the teal pumpkin project:-

Step	Action
Get a Teal Pumpkin	Buy or paint a pumpkin teal (blue- green).
Choose Non-Food Treats	Get fun treats like stickers, pencils, or small toys.
Show Your Teal Pumpkin	Put the teal pumpkin on your porch or door to show you have safe treats.
Tell Others	Share the Teal Pumpkin Project with friends and family.
Connect with Others	Look for local events or online groups to join the community.

These steps help make Halloween fun for all kids!

# **Teal Pumpkin Project Ideas**

Here are some of the best teal pumpkin project ideas:-

## Toys

#### **Mini Puzzles**

Benefits: Develops problem-solving skills and cognitive abilities.

Variety: Available in themes like animals, nature, or popular characters.

Materials: Often made of durable cardboard or wood for longevity.

#### **Toy Cars**

Types: Includes race cars, trucks, and classic cars.

Play Value: Great for imaginative play and creating racing scenarios.

**Safety**: Choose cars that are made from non-toxic materials.

#### **Bouncy Balls**

Size: Various sizes for different age groups.

Physical Activity: Encourages outdoor play and coordination.

Fun Factor: Bright colors and patterns make them visually appealing.

#### Plastic Animals or Dinosaurs

Learning Opportunity: Great for teaching kids about wildlife and dinosaurs.

Imaginative Play: Encourages storytelling and creative play scenarios.

**Durability**: Made from sturdy plastic for long-lasting use.

#### **Finger Puppets**

Imagination: Stimulates storytelling and role-playing.

Educational Value: Can be used for teaching concepts like emotions and social skills.

Variety: Available in various characters, from animals to fairy tale figures.

#### Yo-yos

Skill Development: Helps improve hand-eye coordination and fine motor skills.

Classic Appeal: A timeless toy that has entertained generations.

Customization: Can be found in different colors and designs.

### Magic 8 Balls

Fun Factor: A quirky toy that provides entertainment and mystery.

Interaction: Encourages kids to ask questions and think critically.

**Collectible**: Some versions are themed, appealing to collectors.

#### Jigsaw Puzzles

Cognitive Skills: Enhances problem-solving and spatial awareness.

**Collaborative Play**: Can be done alone or as a family activity.

**Theme Variety**: Available in many images, including landscapes, animals, and characters.

#### **Slinky Toys**

**Physics Fun**: Teaches concepts of gravity and motion.

Hands-On Play: Engages kids in active play.

**Nostalgic Appeal**: A classic toy loved by multiple generations.

#### **Mini Dolls or Action Figures**

Role-Playing: Encourages imaginative scenarios and storytelling.

Variety: Available in different themes, including superheroes and princesses.

**Collectibility**: Many kids enjoy collecting different figures.

## **Art & Crafts**

#### **Crayons or Colored Pencils**

Creativity Boost: Encourages self-expression through art.

**Color Variety**: Available in a multitude of colors to inspire creativity.

Non-Toxic: Many brands offer non-toxic options for safety.

#### **Mini Coloring Books**

**Engagement**: Keeps kids entertained while enhancing fine motor skills.

**Thematic Options**: Includes popular themes like animals, cartoons, and seasonal designs.

**Portability**: Easy to carry for on-the-go fun.

#### **Stamps and Ink Pads**

Creative Expression: Allows kids to create fun patterns and designs.

Variety: Available in different shapes and sizes, suitable for various crafts.

Clean Fun: Easy to use with minimal mess.

#### Stickers

Decorative Fun: Great for decorating school supplies, notebooks, and art projects.

**Encouragement**: Can be used as rewards for achievements.

Theme Variety: Available in a range of themes to suit all interests.

#### **DIY Craft Kits**

Hands-On Learning: Provides step-by-step instructions for creative projects.

**Skill Development**: Enhances fine motor skills and creativity.

Thematic Kits: Available for various holidays and seasons.

#### Watercolor Paint Sets

Artistic Freedom: Encourages exploration of color and techniques.

Ease of Use: Simple for beginners to create beautiful art.

Variety of Tools: Often comes with brushes and mixing palettes.

#### Origami Paper

Cultural Learning: Introduces kids to the art of Japanese paper folding.

Fine Motor Skills: Enhances dexterity and concentration.

Endless Possibilities: Kids can create various shapes and animals.

#### **Bead Kits for Bracelet-Making**

Creativity and Design: Encourages self-expression through personalized jewelry.

**Skill Development**: Enhances fine motor skills and pattern recognition.

Group Activity: Perfect for crafting with friends.

#### **Glue Sticks and Glitter**

Creative Enhancements: Adds sparkle and dimension to any craft project.

Easy to Use: Glue sticks minimize mess and are safe for kids.

Variety of Glitter: Available in various colors and sizes.

#### **Canvas for Painting**

Encourages Artistic Expression: Provides a sturdy surface for painting.

**Durability**: Long-lasting, ideal for showcasing finished art.

Variety of Sizes: Available in small, medium, and large sizes to suit different projects.

## **Glow in the Dark**

#### **Glow Sticks**

Safety: Non-toxic and safe for children to use.

Versatile: Can be used for parties, camping, or nighttime play.

Fun for Events: Adds excitement to Halloween festivities.

#### **Glow-in-the-Dark Bracelets**

Wearable Fun: Perfect for trick-or-treating and parties.

Customizable: Available in various colors and styles.

Interactive Play: Great for games in the dark.

#### **Glow-in-the-Dark Necklaces**

Accessories: Fun and festive additions for Halloween outfits.

Lightweight: Comfortable for kids to wear during activities.

Variety of Designs: Available in different shapes and themes.

#### **Glow-in-the-Dark Stars**

**Decorative**: Perfect for decorating bedrooms or outdoor spaces.

**Educational**: Can be used to teach about constellations and space.

Easy to Apply: Stickers can be placed on walls or ceilings.

#### **Glow-in-the-Dark Paint**

Creative Projects: Allows kids to create unique art pieces that glow.

Versatile: Can be used on various surfaces, including paper and canvas.

Safety: Ensure to use non-toxic options.

#### **Glow-in-the-Dark Tattoos**

**Temporary Fun**: Easy to apply and remove; fun for parties.

Variety: Available in different designs and themes.

**Engagement**: Encourages kids to share and trade.

#### Mini Lanterns

**Practical Use**: Provides light for nighttime activities or decorations.

Battery Operated: Safe for kids to handle and use.

Creative Decor: Can be painted or decorated for personalization.

#### **Glow-in-the-Dark Stickers**

Decorative Use: Fun for personalizing items like notebooks or walls.

Educational Fun: Can teach kids about shapes and colors.

Easy Application: Simple to use and reposition.

#### Light-Up Toys

Interactive Play: Engages kids in active play and encourages physical movement.

Variety: Available in various forms like balls, wands, or spinning toys.

Fun for All Ages: Appealing to a wide age range.

#### **Glow-in-the-Dark Foam Balls**

Safe Play: Soft and safe for indoor and outdoor use.

Fun for Games: Perfect for throwing and catching games at night.

Durable Material: Designed to withstand outdoor play.

## **Games & Activities**

#### **Mini Card Games**

**Portable Fun**: Easy to take on trips or family outings.

Variety: Includes classic games like Uno, Go Fish, and memory cards.

**Group Engagement**: Encourages social interaction and teamwork.

#### **Temporary Tattoos**

Creative Expression: Kids can design their own or choose from pre-made designs.

Easy to Apply: Simple and mess-free for kids.

Variety of Themes: Available in various characters and styles.

#### Playdough

Sensory Play: Engages kids in tactile experiences and creative sculpting.

Educational Value: Great for developing fine motor skills and hand strength.

Homemade Options: Parents can make safe, non-toxic versions at home.

#### **Mini Notepads**

**Encourages Writing**: Great for journaling, doodling, or making lists.

Portable: Easy to carry for on-the-go creativity.

Variety of Designs: Available in different themes and styles.

#### **Spin Tops**

Physics Fun: Teaches about balance and motion.

Simple and Engaging: Can entertain kids for hours.

**Collectible**: Many designs encourage kids to start a collection.

#### **Travel-Sized Board Games**

Family Fun: Compact games perfect for family game nights or travel.

Variety: Includes favorites like Connect 4 or Chess.

**Skill Development**: Encourages critical thinking and strategy.

#### Mini Frisbees

**Outdoor Activity**: Encourages physical play and coordination.

**Lightweight**: Easy for kids to throw and catch.

**Colorful Options**: Available in bright colors for added fun.

#### Puzzle Games

**Engaging**: Stimulates critical thinking and problem-solving skills.

Variety of Themes: Can range from word puzzles to visual challenges.

**Solo or Group Play**: Great for both individual and collaborative play.

#### Bean Bag Toss Game

Outdoor Fun: Ideal for parties and backyard gatherings.

**Skill Development**: Enhances hand-eye coordination and aiming skills.

**Customizable Boards**: Can be personalized for different events.

#### **Miniature Sports Balls**

**Engagement**: Great for introducing kids to various sports.

Safe Play: Soft materials reduce the risk of injury.

Variety: Available in different sports, including soccer, basketball, and baseball.

## **Educational Items**

#### Flashcards

Learning Tools: Great for reinforcing numbers, letters, and vocabulary.

**Engaging**: Fun way to practice learning in a group or solo.

Variety: Available for various subjects like math, science, and language.

#### Mini Notebooks

Writing Practice: Encourages journaling or creative writing.

**Portability**: Perfect for kids to take on the go.

Variety of Designs: Themed covers to engage different interests.

#### **Science Experiment Kits**

Hands-On Learning: Introduces basic scientific concepts in an interactive way.

Safe Materials: Ensure that all components are safe for children to use.

**Diverse Topics**: Available for chemistry, physics, biology, and more.

#### **Reading Books**

Variety of Genres: Includes fiction, non-fiction, and educational books.

Age-Appropriate: Choose books that match the reading level of the child.

Encourages Imagination: Sparks creativity and storytelling.

#### **Magnifying Glasses**

**Exploration**: Encourages kids to explore nature and objects up close.

Educational Value: Teaches about observation and detail.

Durability: Choose sturdy options for outdoor use.

#### **Educational Board Games**

Fun Learning: Combines gameplay with educational content.

Variety: Topics can range from math to geography.

Social Interaction: Encourages teamwork and communication.

#### **Animal Figurines**

Learning Opportunity: Teaches kids about different species and habitats.

Imaginative Play: Great for storytelling and creative play.

**Durability**: Made from sturdy materials for longevity.

#### **Map Puzzles**

Geographic Learning: Helps kids learn about different countries and continents.

Cognitive Skills: Enhances problem-solving and critical thinking.

Variety of Themes: Available in world maps, country maps, and even historical themes.

#### **STEM Kits**

Hands-On Learning: Encourages problem-solving, creativity, and critical thinking.

**Diverse Topics**: Covers various fields such as robotics, engineering, and chemistry.

**Collaborative Learning**: Great for group projects and teamwork.

#### Kids' Dictionaries or Thesauruses

Language Development: Aids in vocabulary building and comprehension.

**User-Friendly**: Choose versions specifically designed for kids.

Encouragement for Writing: Great tool for aspiring writers.

## Food Items

#### **Fun-Shaped Cookies**

**Creative Treats**: Kids love fun shapes and designs, especially themed for holidays.

Healthy Options: Consider using whole grains or natural sweeteners.

Variety: Include different flavors to cater to diverse tastes.

#### **Colorful Fruit Snacks**

Healthy Choices: Opt for natural fruit-based snacks without artificial colors.

**Portability**: Easy to carry and share.

Variety of Flavors: Offer a range of flavors to appeal to different preferences.

#### Homemade Trail Mix

Nutritious: Combine nuts, seeds, dried fruits, and whole grain cereals.

Customizable: Kids can mix their favorite ingredients.

Snack Packs: Easy to portion out for trick-or-treaters.

#### Granola Bars

Healthy Snacks: Choose whole grain options with nuts and dried fruit.

Homemade Versions: Encourage kids to help make their own.

Easy to Share: Individually wrapped for convenience.

#### Mini Popcorn Bags

Light Snack: A healthy option when prepared without excess butter or salt.

Variety of Flavors: Offer different seasoning options like cheese or caramel.

**Fun Packaging**: Brightly colored bags make for an appealing treat.

#### Fruit Cups

Healthy Hydration: Fresh fruit is a great way to stay hydrated.

**Portable**: Easy for kids to carry and enjoy.

Variety of Fruits: Include a mix of seasonal fruits for diversity.

#### **Chocolate-Covered Pretzels**

Sweet and Salty: A favorite combination that many kids enjoy.

Variety: Choose from different types of chocolate and toppings.

Homemade Options: Easy to make as a fun project.

#### **Healthy Snack Packs**

Variety: Include options like cheese sticks, veggie sticks, and dip.

Nutritional Value: Focus on healthy, whole-food ingredients.

**Convenient Portions**: Easy to share or take on the go.

#### **Candy-Free Treats**

Creative Alternatives: Offer snacks like yogurt-covered raisins or nut mixes.

**Engagement**: Encourage kids to explore and try new snacks.

Variety: A range of options can cater to different tastes.

#### **Miniature Cakes or Cupcakes**

Fun for Parties: Perfect for celebrations or special occasions.

Customizable: Decorate them in fun themes for added excitement.

Variety of Flavors: Offer different flavors to cater to all tastes.

## **School Supplies**

#### **Colored Notebooks**

**Creative Writing**: Encourages kids to express themselves through writing and drawing.

Theme Variety: Available in various designs to engage kids' interests.

**Portability:** Lightweight and easy to carry.

#### **Fun Erasers**

Engaging Tools: Makes correcting mistakes more fun and appealing.

Variety: Available in different shapes, colors, and themes.

**Collectible**: Kids may enjoy collecting and trading them.

#### **Cool Pens or Markers**

Creativity Boost: Inspires kids to write and draw more.

Variety of Colors: Offers a rainbow of options for artistic expression.

Non-Toxic Options: Choose safe materials for kids to use.

#### **Stickers for Decorating**

Personalization: Kids can decorate their school supplies or artwork.

Variety of Designs: Available in countless themes and characters.

Motivational Stickers: Can also serve as rewards for achievements.

#### **Bookmarks**

Encourages Reading: Fun bookmarks can make reading more exciting.

Variety of Themes: Available in popular characters or educational designs.

**Durable Materials**: Choose sturdy options for long-lasting use.

#### **Craft Scissors**

**Skill Development**: Helps improve fine motor skills and coordination.

Safety Features: Look for kid-safe options with rounded edges.

Creative Projects: Great for use in arts and crafts.

#### **Glue Sticks**

Easy to Use: Mess-free application makes it fun for kids.

Variety of Sizes: Available in different sizes for various projects.

Non-Toxic Options: Ensure safety for children.

#### Mini Whiteboards

Interactive Learning: Great for practicing math problems or spelling.

Reusable: Eco-friendly option that reduces paper waste.

**Portable**: Easy to take anywhere for on-the-go learning.

#### **Rulers with Fun Designs**

Practical Use: Encourages measurement skills in a fun way.

Variety of Designs: Available in bright colors or themes.

**Durability**: Choose sturdy materials for classroom use.

#### **Art Supplies**

Diverse Options: Include items like watercolor paints, brushes, and canvas.

**Encourages Creativity**: Inspires kids to explore their artistic talents.

Safe Materials: Ensure that all art supplies are non-toxic.

#### **Bubbles & Bath Time Fun**

#### **Bubble Wands**

Interactive Play: Great for outdoor play and encourages active movement.

Variety of Sizes: Available in different shapes and sizes for variety.

Fun for All Ages: Kids of all ages love bubbles.

#### **Bath Bombs**

**Colorful Experience**: Add excitement to bath time with vibrant colors.

Moisturizing Benefits: Some formulas include skin-nourishing ingredients.

Variety of Scents: Choose from different scents to make bath time fun.

#### **Floating Toys**

Water Play: Keeps kids entertained during bath time or pool parties.

Variety of Designs: Available in various shapes like animals or boats.

**Durability**: Made to withstand water play for a long time.

#### **Bubble Bath Solutions**

Fun for Bath Time: Creates a bubbly experience that kids love.

**Skin-Friendly Options**: Look for gentle, hypoallergenic formulas.

Variety of Scents: Options available in fruity, floral, and more.

#### Waterproof Storybooks

**Reading Fun**: Makes bath time enjoyable and encourages reading.

Durable Materials: Made to resist water damage.

Variety of Themes: Choose from a range of stories and characters.

#### **Squirt Toys**

Interactive Play: Engages kids in imaginative water games.

Variety of Characters: Available in fun shapes and colors.

**Safe Materials**: Ensure all toys are free from harmful chemicals.

#### **Color-Changing Bath Toys**

Visual Fun: Changes color in warm water for added excitement.

Variety of Designs: Available in different characters and shapes.

Educational Value: Teaches kids about temperature and color changes.

#### **Bath Time Aprons**

Mess-Free Play: Keeps kids dry during splashy bath time fun.

Fun Designs: Available in colorful patterns that kids love.

Durable Materials: Made to withstand water play.

#### **Bubble Machines**

Automated Fun: Produces a continuous stream of bubbles for endless play.

Variety of Styles: Available in different designs and sizes.

Easy to Use: Just add solution and enjoy!

#### Floating Bath Caddies

**Organized Play**: Keeps bath toys organized and within reach.

**Durability**: Made from waterproof materials for longevity.

Fun Designs: Available in colorful and engaging designs.

## **Seasonal Items**

#### **Holiday-Themed Crafts**

**Creative Engagement**: Encourage kids to explore seasonal themes through crafts.

Variety of Projects: Includes decorations, gifts, and more.

Group Activities: Great for parties or classroom projects.

#### **Seasonal Decorations**

Fun Atmosphere: Create excitement for holidays with colorful decorations.

Variety of Themes: Available for all major holidays.

**DIY Options**: Encourage kids to make their own decorations.

#### **Themed Apparel**

Dress for the Season: Fun outfits for holidays like Halloween or Christmas.

Variety of Styles: Includes shirts, hats, and accessories.

Fun Designs: Engaging patterns and colors to excite kids.

#### **Seasonal Recipe Cards**

Culinary Exploration: Encourage kids to try cooking seasonal dishes.

Variety of Cuisines: Include recipes for different cultures and traditions.

**Engagement**: Fun way to learn about different foods and flavors.

#### **Outdoor Seasonal Games**

Active Play: Encourage physical activity with themed games.

Variety of Options: Includes snowball fights in winter or water games in summer.

Family Bonding: Great for gatherings and celebrations.

#### **Seasonal Storybooks**

**Reading Fun**: Engage kids with stories about different seasons and holidays.

Variety of Genres: Includes fiction, non-fiction, and educational books.

Age-Appropriate: Ensure the content matches children's reading levels.

#### **Craft Kits for Each Season**

Creative Projects: Fun kits tailored to specific seasons or holidays.

Group Activities: Perfect for parties or classroom use.

Skill Development: Encourages fine motor skills and creativity.

#### **Seasonal Banners and Signs**

**Decorative Touch**: Brighten up spaces with colorful seasonal banners.

Variety of Themes: Available for all major holidays and events.

**DIY Options**: Encourage kids to make their own banners.

#### **Seasonal Science Experiments**

Educational Fun: Explore seasonal changes through hands-on science projects.

Variety of Topics: Includes experiments related to weather, plants, and holidays.

**Engagement**: Makes learning about seasons exciting.

#### **Seasonal Subscription Boxes**

Monthly Surprises: Kids receive themed items and activities throughout the year.

Variety of Contents: Includes crafts, snacks, and educational materials.

**Excitement**: Keeps the anticipation alive with new surprises.

## **DIY Projects**

#### **Create Your Own T-Shirt**

Personal Expression: Kids can design their own shirts with fabric markers.

Skill Development: Encourages creativity and design skills.

Customizable: Each shirt can be unique to the child's style.

#### Build a Birdhouse

Hands-On Learning: Teaches basic woodworking and design skills.

Nature Connection: Encourages kids to learn about local wildlife.

Customization: Can be painted or decorated in various styles.

#### **DIY Mini Garden**

Nature Exploration: Introduces kids to gardening and plant care.

**Responsibility**: Teaches kids about taking care of living things.

Customization: Kids can choose different plants to grow.

#### Make Your Own Slime

**Sensory Fun**: Engages kids with hands-on play.

Variety of Recipes: Experiment with different textures and colors.

Science Learning: Teaches kids about chemical reactions.

#### Create Your Own Board Game

**Creative Design**: Kids can invent their own rules and themes.

**Critical Thinking**: Encourages strategic thinking and planning.

Family Fun: Playtest games with family and friends.

#### **DIY Picture Frames**

Creative Crafting: Allows kids to personalize their own frames.

**Gift Ideas**: Great for making gifts for family members.

Variety of Materials: Use items like cardboard, popsicle sticks, or natural materials.

#### **Build a Simple Robot**

**STEM Learning**: Introduces basic programming and engineering concepts.

Hands-On Project: Kids can see their creation come to life.

Customization: Kids can design their own robots with unique features.

#### **Create Homemade Playdough**

Fun and Safe: Kids can make their own non-toxic playdough.

Variety of Colors: Experiment with different colors and scents.

Sensory Play: Engages kids in tactile exploration.

#### Make Your Own Jewelry

Creativity and Design: Allows kids to express their style with beading.

Fine Motor Skills: Enhances dexterity and coordination.

Gift Ideas: Perfect for making presents for friends and family.

#### **DIY Terrariums**

Nature Learning: Teaches kids about ecosystems and plant care.

Creative Design: Kids can create their own mini ecosystems.

**Customization**: Personalize with decorations and plant choices.

# Why the Teal Pumpkin Project Matters?

Concept	Description
Inclusive for All	It helps kids with food allergies enjoy Halloween with everyone else.
Raises Awareness	It teaches communities about food allergies so people understand them better.
Safe Treats	It encourages giving out non-food treats, making it safe for allergic kids.
Community Support	Families and neighbors come together to support kids with allergies.
Empowers Families	It helps families speak up about their kids' safety and needs.
Promotes Safety	It highlights the importance of being safe during celebrations.
Positive Experiences	It makes Halloween fun for kids with allergies, allowing them to join in.
Builds Understanding	It encourages conversations about allergies, creating empathy and support.

Have a close look at why teal pumpkin project matter:-

The Teal Pumpkin Project makes Halloween safer and more enjoyable for everyone!

# **Teal Pumpkin Project Ideas for School**

Here are super simple Teal Pumpkin Project ideas for schools:

## **Teal Pumpkin Decorations**

**Decorate Pumpkins:** Paint or decorate teal pumpkins.

**Display Signs:** Make signs about the teal pumpkin.

## **Non-Food Treats Day**

Treats Exchange: Bring in non-food treats to share.

Teal Treat Booth: Set up a booth with non-food goodies.

## **Educational Workshops**

Guest Speaker: Invite someone to talk about food allergies.

Fun Learning: Do fun activities about Halloween safety.

## **Allergy Awareness Posters**

Make Posters: Create posters about food allergies.

Info Board: Put up an info board about the teal pumpkin.

## **Themed Spirit Week**

Wear Teal Day: Everyone wears teal.

Fun Activities: Have activities focused on allergies.

## **Fundraising Events**

Bake Sale: Hold a bake sale with safe treats.

Teal Items: Sell teal wristbands or stickers.

## **Classroom Discussions**

Read Books: Share stories about food allergies.

Talk About Safety: Discuss keeping Halloween safe.

## **Community Involvement**

Parent Sessions: Teach parents about food allergies.

Local Support: Work with local businesses for support.

## **Interactive Activities**

Crafts and Games: Do crafts or games about allergies.

Scavenger Hunt: Plan a scavenger hunt with allergy clues.

## **Support Groups**

Allergy Club: Start a club for students with allergies.

Peer Helpers: Teach students to help others learn about allergies.

# What to give out for the Teal pumpkin project?

The Teal Pumpkin Project makes Halloween safe for kids with food allergies. A teal pumpkin outside means you have non-food treats. Here are some simple ideas:

Item	Description
Glow Toys	Toys that light up and are fun to play with.
Bubbles	Kids love blowing bubbles!
Halloween Stickers	Cool stickers with spooky designs.
Temporary Tattoos	Fun designs kids can put on.
Halloween Pencils	Colorful pencils with Halloween themes.

Item	Description
Small Toys	Little surprises like bouncy balls.
Coloring Books	Books with Halloween pictures to color.
Puzzles	Easy puzzles with Halloween themes.
Candy-Shaped Treats	Treats that look like candy but are allergy-safe.
Homemade Playdough	Fun and easy to make!

These treats help all kids enjoy Halloween!

# What are teal pumpkins for?

Teal pumpkins are for:

Concept	Description
Non-Food Treats	They show you have safe treats for kids with allergies.
Awareness	They help people learn about food allergies.
Inclusion	They remind us to think of kids who can't have regular candy.
Safety	They help kids with allergies enjoy Halloween.

Teal pumpkins make Halloween fun for everyone!

# When did the Teal pumpkin Project start?

The Teal Pumpkin Project started in **2014**. It was created by the **Food Allergy Research and Education (FARE)** organization to promote safety and inclusion for children with

food allergies during Halloween.

# Conclusion

In conclusion, the Teal Pumpkin Project makes Halloween fun for everyone, especially kids with food allergies. By giving out non-food treats, you help all kids join in!

You can give out fun things like glow sticks, stickers, puzzles, or coloring books. These treats make kids happy and included. You can even add Halloween goodies like temporary tattoos or bubbles!

Putting a teal pumpkin outside shows you care. It lets families know your home is safe for kids with allergies. This small act brings everyone together and encourages others to do the same.

So, join in, have fun, and make Halloween special for everyone! Your help can really make a difference and ensure every child has a great time!

# **Frequently Asked Questions**

- What treats can I give out if I don't participate in the Teal Pumpkin Project?

If you don't join the Teal Pumpkin Project, you can still give out safe treats like sugar-free gum, dried fruit, or organic candy. Just avoid common allergens like nuts and dairy.

- + Can I still give out candy if I display a teal pumpkin?
- + What non-food items are popular for Halloween?
- + Do I have to paint a real pumpkin teal?
- + How can I help spread awareness about the Teal Pumpkin Project?

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